

The National Intrepid Center of Excellence (NICoE) is an outpatient facility dedicated to advancing the diagnosis, treatment and research of complex combat related traumatic brain injury (TBI) and psychological health (PH) conditions. NICoE is located at Naval Support Activity Bethesda, home of the National Naval Medical Center (NNMC), which will become the new Walter Reed National Military Medical Center in September.

PATIENT PROFILE

Active Duty service members with a mild to moderate TBI complicated by other impairing PH conditions, who are not responding to conventional therapy and who have been prevented from returning to full duty and interpersonal relationships. The profile of service members seen at the NICoE include:

- *Active Duty desiring to remain mission-capable; National Guard/Reservists on Active Duty and Service members in Warrior Transition Units or Wounded Warrior Regiments in the MEB process*
- *Mild to moderate TBI and /or Psychological Health issues*
- *Persistence of symptoms*
- *No active/untreated substance abuse disorder*
- *Capable of participating in an intensive out patient level of care , including able to perform all ADLs, able to independently obtain/provide for their own food, transportation and conduct their own financial affairs, not a danger to self or others, and not in need of services requiring a level of nursing care or medical monitoring higher than what can safely be provided in an outpatient setting*

The NICoE uses an interdisciplinary approach to working with and treating patients with a core team including a Neurologist, Psychiatrist, Internal Medicine (team leader), Neuropsychologist, Family Therapist, Physical and Occupational Therapist and Chaplain.

NICoE EVALUATIONS

- *Physical and neurological exams*
- *Psychiatric and psychological health evaluation*
- *Vestibular, audiology, and speech evaluation*
- *Neuro-ophthalmology testing*
- *Electrophysiologic Testing*
- *Sleep Evaluation*
- *Neuroimaging Evaluation (can include MRI, PET-CT, MEG)*
- *Physical rehab and vocational evaluation*
- *Family Evaluation*
- *Integrative Medicine (Complimentary and Alternative Medicine)*
- *Nutrition and Art Therapy Evaluations*
- *Spirituality Consultation*
- *Pharmacy and substance use assessment*
- *CAREN and Virtual Reality Assessments*

The NICoE's Clinical Mission is to offer interdisciplinary diagnostic and treatment planning for patients with complex TBI and PH issues, including those who are not responding to conventional therapy. The NICoE provides a patient and family a centered holistic clinical care environment, while producing a comprehensive individualized treatment plan. The NICoE works with the primary care provider, case managers, and command to ensure collaborative recovery efforts, and measure short term and long term outcomes of therapeutic interventions.

The NICoE can provide you with a comprehensive 3 week intensive evaluation of your patient's physical, neurological, psychiatric, spiritual, psychosocial, and well being.